



MEL  
**Cross Country**  
 2024-25

PURSUING  
 VICTORY WITH HONOR

Day	Date	Venue	Vanden	River City	Rodriguez	Pioneer	Vacaville	Wood
Wed	9/25	Lagoon Valley				host	host	host
Wed	10/2							
Wed	10/9	Rush Ranch	host	host	host			
Wed	10/16							

Wed	10/23	Lagoon Valley	<b>MEL Championships</b>					
Sat	11/2	Angels Camp	<b>Subsections</b>					
Sat	11/9	Willow Hill (Folsom)	<b>Sections</b>					
Sat	11/23	Woodward Park (Fresno)	<b>State</b>					